

## **PITTSBURGH PADDLEFISH MEMBER RULES AND RESPONSIBILITIES**

In order to be a member of the Pittsburgh Paddlefish, an individual must submit a Membership application to the Membership/Recruiting Co-coordinator along with applicable dues and evidence of payment of membership dues to the Three Rivers Rowing Association (TRRA) of which the Paddlefish is an affiliate member.

The payment of dues to both organizations is an ongoing requirement of continued membership, the non-payment of which is immediate grounds for membership termination. In addition, each member is required to take a swim test.

The Paddlefish operate under a set of By-Laws (which are available on the team website) and under the direction of a Steering Committee which acts as the administrative body of the organization.

Membership communication is enhanced by a weekly e-mail "Update" and the Paddlefish web site ([www.pittsburghpaddlefish.org](http://www.pittsburghpaddlefish.org)). Please check your e-mail frequently as fast breaking information will be sent by e-mail

### **When practicing on the water, the following rules are to be followed:**

**\*Sign in on the sign in sheet located on the metal Paddlefish cabinet in the boat house**

This is to help ensure everyone going out is accounted for and for the team to determine the number of boats necessary to put into the water.

**\*Show up on time for practices**

Not to do so is a discourtesy to team members and you may be left at the dock. In addition, if one is late, a second boat may be needed and the whole practice is delayed in bringing a second boat down to the dock.

**\*Seating in the boat will be determined by the Coach (es), and the boat shall be loaded, bench by bench, starting with bench #1.**

**\*Unloading of the boat shall also be done, bench by bench, starting with bench #1.**

**\*Each person in a boat shall either wear or have immediately available to them a PFD (personal flotation device). For those individuals who have not passed the TRRA swim test, wearing the PFD is a requirement. \*\***

**\*When in the dragon boat, keep non-essential talk to a minimum in order that all in the boat can hear instructions from the coach, captain, steersperson and/or drummer.**

**\*If you have and comments/criticisms please make them constructive and direct them to a Steering Committee member and/or the team Captain or Coach (es)**

**\*\* PFDs and paddles are provided by TRRA and are available for practice. Many Paddlefish members have their own PFD and paddle. This is not a requirement, but if you desire to purchase one, they can be ordered through the team's Equipment Coordinator. Don't be in a hurry to do so as it takes considerable time to determine the paddle size that works best for you. Team jerseys can also be purchased through the team's Equipment Coordinator, usually once or twice a year. If you need a team jersey for a race, a few loaners may be available.**

**Race Responsibilities – Each paddler is responsible for her/his own transportation and lodging for a race. The team's Logistics Coordinator will arrange for a block of rooms at a specific hotel/motel. Each paddler should arrange for roommates and car pools if he/she wants to decrease costs.**

**Additionally, if you have signed up to attend a race, you can borrow a TRRA paddle and/or a Paddlefish PFD (kept in the tall locked cabinet in the boathouse.) You must sign the equipment out then return it following the race.**

**3/25/13**